

Food
Beverages
Prizes

Take control of your Life!

*Bring your family and
enjoy a day of
Food, Fellowship
& Health Services*

Sponsored by
Plumbers' & Pipefitters'
Local 562
Welfare Educational Fund

Fulton Health Fair
will be held at the
Fulton Training Center
451 West St. Eunice Rd.
Fulton, Mo. 65251

For more information contact
Plumbers' & Pipefitters' Health Center
314-388-5400
Email: healthcenter@pnp562.org

*2010
Fulton
Health
Fair*



*Saturday
October 23
9:30 am to 1:00 pm*



Work Healthy, Live Longer, Be Happy



PLUMBERS AND PIPEFITTERS
LOCAL #562

Health & Welfare Plan of Local 562 want you and your family to participate in a day of health education and screening. Local 562 is very proactive in helping their membership stay healthy, work healthy and live longer.

What good is retirement if you are unhealthy?

FREE HEALTH SCREENINGS

- Vision
- Hearing
- Posture assessment
- Blood Pressure checks
- Stress Management Education
- Skin analysis (skin cancer)
- Sleep Apnea screening
- Pain Management information
- **FREE ADULT FLU SHOTS**

Members, Spouses & dependents over the age of 18 who qualify for benefits through the Local 562 Health & Welfare Plan are eligible for a **FASTING BLOOD TEST** for early detection of diabetes, high cholesterol, liver and thyroid diseases, anemia, prostate cancer and more.

Note: for accurate fasting blood test you should not eat or drink anything after midnight. We do encourage drinking water.

EXHIBITORS

Local 562 Benefits Office
Hannibal Regional Hospital
St. Mary's Hospital
Callaway Hospital
Fulton Medical Clinic
Columbia Vision Center
Hunting & Fishing Safety
Certified Audiologist
Pain Management Specialist

PLEASE REGISTER
AHEAD of TIME

Healthcenter@pnp562.org
or call: 573-592-0201